

MYTHS

popular beliefs, received ideas... once and for all our experts break them down for

Clear Up the mag

> Acne is caused by poor hygiene

Wrong! Acne is definitely not caused by dirt. Acne skin is not dirty skin. Actually, it can be the opposite since excessive cleansing may worsen acne. So it's important not to scrub your skin vigorously or too often, which may lead to irritation or breakouts. Always be gentle when taking care of your skin...it will make a difference!

> Sun exposure improves acne

Acne-prone people often think that sunlight improves their skin and that their acne is significantly diminished. In fact, sun exposure may seem to improve acne but unfortunately, it's only temporary. Once summer is over, acne re-appears quickly. It's called the "rebound" effect. That's why we recommend they limit sun exposure and use high SPF sun products of a light texture.

> You can get rid of it by "squeezing" pimples and blackheads

It's precisely what you should never do! Picking at acne lesions can damage tissues and increase inflammation, which may also cause permanent scarring. If this happens, gently wash your face and hands immediately or apply a local disinfectant.

> A bad diet can cause acne

It is commonly believed that chocolate and greasy food cause acne. Wrong. So far, extensive scientific studies have not found a connection between diet and acne.

> Acne will go away by itself

If acne is not controlled, there is a risk that it will get worse and damage the skin by causing permanent scarring.

> Acne is curable

Acne has no cure. However, it can be controlled easily. For mild forms, non-prescription medication like Clear Up will be enough, but for severe acne, prescription drugs will generally be needed. If you're using prescription drugs, you can combine them with the Clear Up products to optimize results.

Get your Clear Up Starter Kit today by visiting a Laboratoire Dr Renaud aesthetician.

←



Trust a pro... the aesthetician!



Laboratoire
Dr Renaud

Deeply into skin science

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Clear Up

the mag

THE "TEENS" HEALTHY SKIN EXPERT
MAGAZINE

Clear Up

Super performing,
super quick and
easy-to-use products!

Tired of hiding?

We have the solution.

You do 1, 2, 3 at home and that's it!
NO zits, **NO** impurities
and **NO** shine.



Laboratoire
Dr Renaud

Full details & pro's tips inside.



Clear Up

A SUPER EFFECTIVE LINE FOR TEENS

3 products 3 simple steps



Step 1 CLEANSING GEL

- > deeply cleanses the skin while respecting its integrity
- > helps clear acne pimples
- > allows skin to heal
- > and gives it an intense sensation of purity and freshness

Step 2

CONTROL SOLUTION ANTI-BLEMISHES

- > fights the formation of comedones and acne pimples
- > limits the appearance of new blemishes
- > controls inflammation and redness
- > allows skin to heal
- > clears the complexion



Step 3

ANTI-SHINE MOISTURIZER

- > reduces the production of sebum and rebalances cutaneous flora
- > soothes the epidermis
- > moisturizes, softens and reduces the skin's shiny aspect
- > leaves a perfectly matt and velvety finish



“Pro's Tips”

- > Cleanse your face after exercise.
- > Always remove make-up before going to sleep.
- > Avoid “picking” or touching your face.
- > Protect your skin against UV rays.
- > Apply the SeboBalance Spot Control Gel as often as needed on pimples every day.
- > Use the SeboBalance Purifying Sebo-Absorbing Mask 1 or 2 a week.

Always carry it with you!



Did you know that...

Clear Up skin care products are non-prescription medication. They contain Salicylic Acid – a pharmaceutical molecule – which gently exfoliates dead cells that accumulate in skin pores and cause imperfections.

Salicylic Acid is an excellent alternative, in treatments against acne, to the use of “benzoyl peroxide” found in several anti-acne products on the market, which dries, irritates the skin and stains fabrics.

Clear Up skin care products also contain several active ingredients that are well-known for their performance: antibacterial, anti-inflammatory, antioxidant and moisturizing. Combined with Salicylic Acid, they are a winning combination to fight acne.



You want faster results?
See a Laboratoire Dr Renaud
aesthetician to receive the
Clear Up Professional Treatment.